COLLEGE SPORT & CO-CURRICULAR REQUIREMENTS

1 **General College Expectation**

1.1 At St Augustine’s College, we strive to educate the whole person and, therefore, a genuine participation in the Sport & Co-curricular Programme is a central element of our educational process and not an “optional extra”. The Sport & Co-curricular Programme provides students with the opportunity to:
- represent the College.
- exercise, which is vital for growing bodies.
- experience activities which may become a life-long interest.
- learn about commitment, team or group work and generosity as part of a team, ensemble or group.
- develop character (e.g. in competitions, learn to win or lose graciously – humble in victory and gracious in defeat).
- develop new friendships outside of one’s own group.
- gain enjoyment from participation.
- develop skills in a variety of pursuits.
- develop an effective work ethic.

1.2 It is an expectation of the College that all students participate in the Sport & Co-curricular Programme. Students with limited abilities will be asked to explore ways by which they can profit from a modified contribution to a sport or co-curricular activity. Parents/guardians are asked to contact the Head of Sport & Co-curricular to discuss the options that are available to all students.

1.3 Once a commitment to a sport or co-curricular activity is made, it must be honoured throughout the entire season. Team nominations are made well in advance and if a student fails to fulfil his commitment all are disadvantaged. If clashes exist between sport and co-curricular activities, negotiation between Deans and the student involved will enable a compromise to take place. A student must also be aware that if he **selects more than the minimum requirement**, he must commit to each activity in its entirety. A student is not able to withdraw from an activity once he has committed to it. The College appreciates that many students take part-time jobs, but students must undertake their employment on days when they are not required for a College activity. Saturday work which preludes participation in a school team is not acceptable.

1.4 House activities complement the inter-school competition. The College will conduct a number of intra-school House competitions throughout the year such as Athletics, Swimming and Cross Country.

1.5 All Years 5 - 10 students are required to be involved in 2 sport and/or co-curricular activities and are encouraged to attempt a range of different activities during the year. **Students who play sport for a club must represent the College in the same or like sport.**

1.6 A student may choose to play a sport each term and/or may choose to participate in a non-sport activity, such as music, debating, chess, drama etc, in other terms. Culmination of 25 points for the year is the minimum requirement (refer to ‘Instructions’ sheet attached)
1.7 Students in Years 11 and 12 are required to participate in one significant activity throughout the year. A culmination of 20 points for the year is the minimum requirement (refer to ‘Instructions’ sheet attached).

1.8 The College and the student’s classmates form the primary community for the student, and as such, College teams and activities always take precedence over participation in district and local clubs. Students may elect to play in a club or local competition in addition to completing his sport and/or co-curricular requirements for the College. Students who play sport(s) for a club must also participate in the same sport(s) for the College if offered by the College.

1.9 If a student has an interest in a variety of sports and activities, that student should investigate where he can make the best contribution to the College prior to making any decisions or commitments to external competitions.

1.10 If parents do not wish their son to compete in a particular season, they should submit a written request to the Head of Sport & Co-curricular. The College has a commitment to inter-school programmes, and, as such, has a commitment regarding the number of teams entered into these competitions. The Head of Sport and Co-curricular will consider the needs of the College before granting a student exemption from a season.

1.11 Sportsman of the Year awards are presented at the relevant Celebration of Excellence. This award is presented to a student in each Year Group who has participated in a variety of College based sports and has achieved at representative level.

2 Sport

2.1 A student who participates at State or National level within a sport must play the same sport for the College. Training and playing commitments may be negotiated with the Head of Sport & Co-curricular if external “demands” are high or conflicting. If the student involved continues to play for his club he must also commit to a negotiated number of College games during this period, as negotiated between the Head of Sport & Co-curricular and the student’s parents.

2.2 Students must attend all training sessions and matches. College training and matches take priority over club training and matches, including those students involved in the ‘development squads’ outside of the College. Some negotiation will be considered by the Head of Sport & Co-curricular and the Teacher in Charge of the relevant sport if it is believed that the student will further develop his skills by attending these ‘external’ activities.

2.3 Students and parents must support the ‘Sport & Co-Curricular Code of Conduct’. Behaviour must always be exemplary and the utmost respect must be demonstrated towards all opponents and officials (refer to Code of Conduct on the following pages).

2.4 The College sports uniform/attire must always be worn fully and correctly. This includes all safety equipment as specified by the Teacher in Charge and/or Head of Sport & Co-curricular (e.g. mouthguards for all contact sports).

2.5 Any issues arising from matches and/or training by students, parents and/or spectators must always be communicated through the Head of Sport & Co-curricular and/or the Teacher in Charge. This is particularly important when dealing with other colleges / clubs.

2.6 Students must exercise responsibility, ensuring that they collect all relevant information regarding weekend matches. Draws will also be accessible from the College website and published in weekly publications of Tolle Lege.
2.7 Students must produce a parent/guardian written request for any absence from training and/or matches. This must be sighted by the relevant coach or Teacher in Charge. This note must be produced 2 days in advance (where possible) and it is the responsibility of the student to inform the coach and/or Teacher in Charge. In the case of illness during the week, a phone call to the Sports Administrator on 9938 8201 is required. On match days, a phone call is to be made to the Head of Sport & Co-curricular or Teacher in Charge prior to 7:30am. Effective communication by students to coaches is absolutely essential. Failure to do so will result in consequences being imposed.

2.8 First’s/Open A Teams

2.8.1 The selection of the First’s/Opens A teams is to be regarded as an outstanding achievement and an honour for students. Consequently, conduct and presentation, both on and off the sporting field is to be exemplary. Students will be expected to set an outstanding example to their younger peers. Any inappropriate conduct on or off the field will jeopardise the future selection of a student at this level.

2.8.2 The level of commitment displayed through training, previous years involvement and general contribution to College life, will also be considered when assessing the suitability of a student’s selection.

2.8.3 Selection of under-age players for First’s/Open A teams is possible. Assessment of the ‘ability’ and ‘capability’ at Firsts/Opens A level of a player is decided upon by the Head of Sport & Co-curricular and Teacher in Charge of the relevant sport after discussion with the coach/es involved. Discussion with a parent/guardian will also be required for any under-age students selected in a Firsts/Open A team.

2.9 Year Level Teams

2.9.1 All students are to be given the opportunity to fully participate in their chosen sport. This includes playing in a variety of positions.

2.9.2 Where there are an excess number of students involved in a sporting team, all students will be given an opportunity to contribute evenly throughout the sporting season. Rotation of all players will be necessary in Primary and Middle School teams. This is to ensure all students have the opportunity to develop their skills, therefore improving the ‘depth’ of players within the team, rather than relying on a few ‘outstanding’ players.

2.9.3 Exception to (2.9.2) may be necessary if the skill level of a student is regarded as being too low, causing safety concern for that student and other members of the team if they were to participate in competition. Assessment of skill level will be undertaken by the Head of Sport & Co-curricular, the Teacher in Charge and the relevant coach in discussion with parents/guardians. In such circumstances the student involved will continue to train and develop their skills until they are proficient enough to warrant selection.

2.9.4 The selection of ‘A’ and ‘B’ grade teams will be undertaken by team coaches in consultation with the Teacher in Charge. Criteria for selection will be based upon application and commitment to training as well as performances in internal trials and/or pre-season activities. Any disagreement regarding selections must be directed to the relevant Teacher in Charge who may make changes if warranted or refer to the Head of Sport & Co-curricular.

2.9.5 Students may move between grades (A, B, C) throughout a season within a year level (in accordance with association rules). Consistently high performance may result in students moving to higher grades. Team coaches, in consultation with the Teacher in Charge, will monitor students progress and make adjustments where warranted.
2.9.6 Students must ensure that all training requirements are met in order to be selected for their sport. Failure to meet requirements without appropriate notification will result in consequences being imposed.

Cancellations/Ground Conditions

Sometimes games will be cancelled on a Friday or Saturday morning due to wet grounds etc., these cancellations will be put on the College’s wet weather line 02 9938 8286. You may also access the opposition’s wet weather line by accessing their College or association website. The College advice would be to have staff and students attend all fixtures irrespective of poor weather conditions, assume the game is on. Staff from both schools can then decide the playing and weather conditions as being appropriate for play. It is always the staff in attendance to determine the safety or otherwise of the playing conditions.

Buses

It is the policy of the school to provide transport for:

1. All fixtures played outside of the Sydney metropolitan area
2. Any midweek fixtures where parental transport is not feasible

3. Creative, Performing Arts and other Co-curricular Activities

Creative and Performing Arts

The benefits of being involved in musical activities at the College are many and varied. These range from improved concentration and academic achievement to increased self esteem and goal attainment. The College offers many opportunities to its students for musical development.

St Augustine’s College provides an extensive Co-curricular Music Programme and provides a wide range of performance opportunities for students.

- **Stage Bands** - The College has three graded bands. These bands have a more jazz and contemporary repertoire than Concert Bands with one rehearsal per week. Performance expectations are similar to those for the Concert Bands.

- **Concert Bands** - The College has three graded age-based bands. The groups rehearse a minimum of three times a fortnight. Performance opportunities include College Open Day, College Assemblies, community events, eisteddfods, competitions and College concerts.

- **Junior Choir** - This group rehearses once a week and performs at music festivals, eisteddfods and competitions, College liturgies, and many other events throughout the year.

- **Senior Vocal Ensemble** - This group rehearses once a week and has a similar performance schedule to the Junior Choir. The group consists of students from Years 8 – 12 and some staff. The group combines with the Junior Choir to provide tenor and bass for music performed at major events.

- **Instrumental Ensembles** - Brass, Woodwind, Guitar, Percussion and String Ensembles are offered at the College. Members of these groups are selected from students involved in Concert and Stage Bands. The performance programme is similar to those for Concert and Stage Bands.

- **College Musical** – This production is held bi-annually and involves all members of the Performing Arts Department.
• **Music Camp** - This is a 3 day camp focused on bands and choral participation. It is held off site for the purpose of developing student musicianship and performance skills. Students learn band and choral repertoire and rehearse in sections with skilled and experienced tutors as well as rehearsing in bands and choirs.

**Co-curricular**

• **Ceramics Club** - The Visual Arts Department offers a ceramics class, each semester. These are held over a 10 week period, one afternoon per week. While most members are in Primary and Middle School, all St Augustine’s students are welcome. Students make a variety of projects including ceramics vessels, sculptures, platters, heads, mosaics, slip casting and use a range of decorating techniques.

• **Chess** - Chess coaching commences in Term 1 in the ARC, with chess competition commencing in Term 2.

• **Community Service / Social Justice** - The Social Justice Group has continued to encourage the students to volunteer their time to the service of others through activities such as Matthew Talbot and other community service initiatives.

• **Debating** - St Augustine’s College participates in several debating competitions throughout the year, including the Independent Schools Debating Association (ISDA) Competition, the IPSHA Competition (for Primary students), internal debates between classes and Houses as well as the Northern Beaches Debating Competition.

• **Drama Society** - Many opportunities exist for drama performance in the co-curricular framework. Drama students are included in many liturgies, performance evenings and the bi-annual musical production.

• **Duke of Edinburgh** - this co-curricular activity is an internationally recognised programme created for young people aged 14 - 25 years. Each student creates their own uniquely designed programme which is followed to achieve each award level.

• **Liturgy** – this involves students who participate and assist with the liturgical life of the College.

• **Mock Trial** - Mock Trial competitions are conducted by the Events Management Department of the Law Society and are partly funded by the Law Foundation of NSW. These competitions are a practical means of introducing Year 10 and 11 students to law, and to give them an understanding of the legal system that governs the society in which they live.

• **Production Crew** - this group of students is trained in the technical aspects of live performance and provides technical support such as stage lighting and sound production for events at the College.

• **Public Speaking** - Public Speaking is offered to help students increase their confidence and self-esteem by helping them to enhance their oral communication and by promoting research skills. Students develop the ability to communicate their ideas to an audience in an informative, entertaining, or persuasive manner, depending on the purpose of the speech and the occasion.

• **Surf Life Saving** - Students, who nominate surf life saving as a co-curricular activity, will need to complete a full season of senior patrols and gain their Bronze Medallion within the year. They will also be required to complete a participation form which needs to be certified by their Club Captain or President, stating their participation at this level. (This is not applicable to students who participate in the junior nipper programme, which leads to the attainment of the Surf Rescue Certificate (SRC). Forms will be available from the Head of Sport and Co-curricular.
# St Augustine’s College Sports and Co-Curricular Programme

<table>
<thead>
<tr>
<th>Sport</th>
<th>Teacher In Charge</th>
<th>Co-Curricular</th>
<th>Teacher in Charge</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basketball (ISA)</td>
<td>Emma Donnellan</td>
<td>Ceramics</td>
<td>Robyn Larbalestier</td>
</tr>
<tr>
<td>Basketball (MWBA)</td>
<td>Kate Donnellan</td>
<td>Chess Club</td>
<td>Kathy Osborne</td>
</tr>
<tr>
<td>Cricket</td>
<td>James Scholtens</td>
<td>Debating</td>
<td>Kathryn Newbury</td>
</tr>
<tr>
<td>Rowing</td>
<td>Daniel Bradford &amp; Thomas Jubb</td>
<td>Duke of Edinburgh</td>
<td>Joe Gray</td>
</tr>
<tr>
<td>Rugby</td>
<td>John Papahatzis</td>
<td>Production Team</td>
<td>Igor Konovalov</td>
</tr>
<tr>
<td>Soccer</td>
<td>Chris Gray</td>
<td>Public Speaking</td>
<td>Mary Anne Brickwood</td>
</tr>
<tr>
<td>Swimming (Squad)</td>
<td>Robert Ferguson</td>
<td>Social Justice</td>
<td>Kate Donnellan</td>
</tr>
<tr>
<td>Tae Kwon Do</td>
<td>Jonathan Walsh</td>
<td>Athletics</td>
<td>Mitchell Cooper</td>
</tr>
<tr>
<td>Water Polo</td>
<td>Louise Nash</td>
<td>Cross Country</td>
<td>Mitchell Cooper</td>
</tr>
</tbody>
</table>
### Principal’s Colours and Awards Scheme

#### Student Leadership

<table>
<thead>
<tr>
<th>Role</th>
<th>Colours</th>
</tr>
</thead>
<tbody>
<tr>
<td>College Captain</td>
<td>Full Colours</td>
</tr>
<tr>
<td>College Vice Captain</td>
<td>Half Colours</td>
</tr>
</tbody>
</table>

#### Academic Structure

<table>
<thead>
<tr>
<th>Criteria</th>
<th>Award</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dux Award</td>
<td>Full colours</td>
</tr>
<tr>
<td>Academic Excellence</td>
<td>Half colours</td>
</tr>
<tr>
<td>Dux Awards</td>
<td>Gold badge</td>
</tr>
</tbody>
</table>

#### Sport Structure

<table>
<thead>
<tr>
<th>Award</th>
<th>Criteria</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full Colours</td>
<td>Australian Representatives – School based sports 15 Years – Open age</td>
</tr>
<tr>
<td>Half Colours</td>
<td>NSW Representatives – School based sports 15 Years – Open age</td>
</tr>
<tr>
<td>Gold badge</td>
<td>Captains of Sports</td>
</tr>
<tr>
<td>Red badge</td>
<td>1st Representative in Rugby, Basketball, Cricket, Soccer, Water Polo, Rowing</td>
</tr>
</tbody>
</table>

#### Music & Drama

<table>
<thead>
<tr>
<th>Award</th>
<th>Criteria</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full Colours</td>
<td>AMusA Award (Associate of Music, Australia) Instrumental Achievement</td>
</tr>
<tr>
<td>Half Colours</td>
<td>8th Grade, AYO (Australian Youth Orchestra) &amp; SYO (Sydney Youth Orchestra)</td>
</tr>
<tr>
<td>Gold Badge</td>
<td>Outstanding performances in College Productions – Recommended by Drama Co-ordinator</td>
</tr>
</tbody>
</table>

#### Augustinian Service

<table>
<thead>
<tr>
<th>Award</th>
<th>Criteria</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full Colours</td>
<td>Principal’s Discretion in consultation with the Deans</td>
</tr>
<tr>
<td>Half Colours</td>
<td>Principal’s Discretion in consultation with the Deans</td>
</tr>
<tr>
<td>Gold Badge</td>
<td>Augustinian awards, Outstanding service to the community – Recommended by Deans, awarded at the Celebration of Excellence.</td>
</tr>
</tbody>
</table>
Code of Conduct

The St Augustine’s College Sport & Co-curricular Programme provides students with a wide range of activities. This is an important component within the development of the whole person and assists in developing many “relationship” skills as well as providing students with an opportunity to be active. St Augustine’s College has a fine reputation, not only for its academic excellence, but also for its large and enthusiastic participation within the Sport & Co-curricular Programme. It is, therefore, expected that all members of the St Augustine’s College community represent the College responsibly.

4.1 Student Expectations

• Students must attend all designated training sessions, games and activities
• Any student unavailable for training games or activities must inform either their coach, Teacher in Charge or Head of Sport & Co-curricular in advance.
• Students must arrive at venues at least 30 minutes prior to the specified games start times.
• Students must wear correct sports uniform as published in the College Student Diary.
• Students are to participate to the best of their ability.
• Students will be humble in victory and gracious in defeat.
• Arguing and/or remonstrating with officials is unacceptable.
• Verbal and physical intimidation of the opposition team members is unacceptable.
• Students are to shake hands with players at the conclusion of matches.
• Students will be supportive and offer encouragement towards team players at all times. All comments will be positive.
• All students should attempt to display leadership qualities.

4.2 Coach Expectations

• Teach your students to abide by and follow the rules and laws of the game.
• Coaches will lead by example, displaying good sportsmanship and respect for opposition and officials at all times.
• Remember that children participate for pleasure and that winning is only part of the fun.
• Ensure all players are worthy contributors to the team, and as such, a fair rotation system of players should be used.
• Attempt to keep up to date with the latest coaching practices.
• Make players aware of the positive benefits of participation in sporting activities.
• Always be positive when communicating with players. Never ridicule or yell at a player for making an error.

4.3 Spectator Expectations

• Focus on a student’s efforts and performance, rather than winning or losing.
• Always be positive when communicating with children. Never ridicule or yell at them for making an error.
• Support all efforts to remove verbal and physical abuse from activities.
• Respect officials’ decisions and teach students to do likewise.
• Show appreciation of volunteer coaches and administrators.
• Remember that students learn best by example. Applaud good play by all teams.